



蔡芸芳

特聘教授

學歷

PhD 美國威斯康辛大學麥迪遜校區護理學院(1996)

MS 美國威斯康辛大學麥迪遜校區護理學院(1993)

BS 國立台灣大學護理學系(1989)

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研究領域

愛滋病照護、症狀處理、老人照護、心理衛生
照護、護理教育

教學

研究概論、量性護理研究、高級心理衛生護理
學暨實習 (I) (II)、護理理論與哲理、學術寫
作、老人心理健康

獎勵

- 2023 年 入選史丹佛大學專家團隊「全球前 2%頂尖科學家榜單 (World's Top 2% Scientists 2022)」的 2022 年度科學影響力排行榜
- 2023 年 入選史丹佛大學專家團隊「全球前 2%頂尖科學家榜單 (World's Top 2% Scientists 2022)」的終身科學影響力排行榜(1960-2022)
- 2023 年 國際護理榮譽學會「國際護理研究者名人堂」獎 (International Nurse Researcher Hall of Fame)
- 2022 年 入選史丹佛大學專家團隊「全球前 2%頂尖科學家榜單 (World's Top 2% Scientists 2021)」的 2021 年度科學影響力排行榜
- 2022 年 入選史丹佛大學專家團隊「全球前 2%頂尖科學家榜單 (World's Top 2% Scientists 2021)」的終身科學影響力排行榜(1960-2021)

- 2021 年 入選史丹佛大學專家團隊「全球前 2%頂尖科學家榜單 (World's Top 2% Scientists 2020)」的 2020 年度科學影響力排行榜
- 2021 年 入選史丹佛大學專家團隊「全球前 2%頂尖科學家榜單 (World's Top 2% Scientists 2020)」的終身科學影響力排行榜(1960-2020)
- 2019 年 美國護理科學院院士(Fellows of the American Academy of Nursing, FAAN)

研究計畫

- 優化老年人自殺評估與預防(PI, NSTC, 2024-2027)
- 兩份台灣版延續性哀傷量表的驗證(PI, 長庚醫院, 2023-2024)
- 優化成年孤兒的醫療決策與照護(PI, MOST, 2023-2026)
- 病人和家屬介入方案對於老年膝部骨關節炎病人的骨關節炎疼痛、身體功能、情緒和生活品質之成效 (PI, MOST, 2020-2023)
- 整合性飲酒介入方案對於危險性飲酒病人家屬之成效評值 (PI, MOST, 2020-2023)
- 整合性健康照護方案於拒絕接受全膝關節置換術老人的骨關節疼痛、身體功能和生活品質的成效 (PI, MOST, 2017-2020)
- 老人歧視和精神疾病的污名於老年門診病人憂鬱和自殺相關的求醫意願及生活品質之角色 (PI, MOST, 2017-2020)
- 在醫師建議手術後至實際執行膝關節置換手術的期間維持骨關節炎老人的身體功能和生活品質 (PI, MOST, 2014-2017)
- 建立危險性飲酒病人家屬的危險性飲酒行為模式 (PI, MOST, 2014-2017)

- 網路互動式簡短物質使用介入課程之成效評值 (PI, 長庚醫院, 2015-2017)
- 老人自殺評估-量表和模式的發展 (PI, 長庚醫院, 2012-2014)
- 老人疼痛觀察工具的發展與建構-以退化關節炎疼痛為例 (PI, 長庚醫院, 2011-2014)
- 中國老人退化性膝關節炎疼痛：建立疼痛模式及檢測新發展之跨領域疼痛介入方案之可行性 (PI, NSC, 2011-2014)
- 老人的自殺評估-量表和模式的建構 (PI, NSC, 2011-2012)
- 電腦化癌症疼痛緩解方案-國際合作研究 (PI, NSC, 2008-2011)
- 網路互動式簡短飲酒介入課程之成效評值 (PI, NSC, 2008-2011)
- 台灣地區幼童家長及老人對於預防接種知識、態度及行為之調查研究 (PI, 疾病管制局, 2007)
- 機構老人自殺行為之探討-以榮民之家老人為例 (PI, NSC, 2006-2008)
- 醫護人員飲酒問題訓練課程之成效評值 (PI, NSC, 2006-2008)
- 護理之家老人常見症狀的盛行率探討與症狀處理成效之評估-以憂鬱、疼痛和睡眠問題為例 (PI, NSC, 2004-2006)
- 台灣版酒精使用障礙鑑別測試之檢測與酒精早期介入措施成效之評值(II) (PI, NSC, 2004-2006)
- 台灣護理本質模式的建構與測試 (PI, 長庚醫院, 2005-2007)
- 台灣護理本質的省思與再創 (PI, 長庚醫院, 2003-2005)
- HIV/AIDS 患者症狀自我照護處置 (PI, NSC, 2003-2004)

- 台灣版酒精使用障礙鑑別測試之檢測與酒精早期介入措施成效之評鑑-縱貫性研究 (PI, NSC, 2003-2004)
- 新診斷自閉症患孩之父母親的調適與需求探討 (PI, 長庚醫院, 2003-2004)
- 幻聽症狀處理指導手冊之發展與檢測 (PI, 長庚醫院, 2002-2003)
- 台、港及深圳社區老人憂鬱狀況與光療介入措施的評值 (PI, NSC, 2001-2003)
- HIV/AIDS 症狀處理指導手冊之發展與檢測 (PI, NSC, 2001-2002)
- 東部原住民護理人員對於詢問性史的態度與意願 (NSC, 1999-2000)
- 護理人員對於詢問性史的態度與意願之探討 (PI, NSC, 1998-1999)

1. Hsiao, C. Y., Lu, H. L., Wu, K. Y., Li, C. C., Li, C. R., & **Tsai, Y. F.*** (2024). Family involvement in mental healthcare practice: Perspectives of mental health nurses, patients, and caregivers. *Journal of Nursing Scholarship*. Online ahead of print <https://doi.org/10.1111/jnu.13013> (SCI) (Corresponding author)
2. Huang, L. Y., Lim, A. Y., Hsu, C. C., Tsai, Y. F., Fu, T. C., Shyu, Y. C., Peng, S. C., & Wang, J. S. (2024). Sustainability of exercise-induced benefits on circulating MicroRNAs and physical fitness in community-dwelling older adults: a randomized controlled trial with follow up. *BMC Geriatrics*, 24(1), 473. <https://doi.org/10.1186/s12877-024-05084-0>
3. Lee, S. H., Li, C. C., Chang, Y. L., Wang, Y. W., Chen, C. Y., & **Tsai, Y. F.*** (2024). Development and validation of a geriatric depression knowledge scale for older adults with depression. *Geriatric Nursing*, 58, 39-43. <https://doi.org/10.1016/j.gerinurse.2024.05.006> (SCI) (Corresponding author)
4. Chang, A. C., & **Tsai, Y. F.*** (2024). Anesthesia nurses' self-perceived roles, competencies, and attitudes toward patient safety culture. *International Nursing Review*. Online ahead of print. <https://doi.org/10.1111/inr.12954>. (SCI) (Corresponding author)
5. Chang, Y. L., Hsieh, M. J., Pan, C. I., Shang, S. T., & **Tsai, Y. F.*** (2024). Development and validation of a delirium care critical-thinking scale for intensive care unit nurses: A mixed-method study. *Journal of Clinical Nursing*, 33, 1387–1397. <https://doi.org/10.1016/j.aucc.2022.0> (SCI) (Corresponding author)
6. Hsiao, C. Y., Lu, H. L., Chiu, C. K., & **Tsai, Y. F.*** (2023). Factors associated with attitudes of mental health nurses toward the importance of families in mental health nursing care. *International Journal of Mental Health Nursing*, 32(5), 1429–1438. <https://doi.org/10.1111/inm.13187> (SCI) (Corresponding author)
7. Hsiao, C. Y., Hsieh, M. H., Chung, F. C., Chiu, S. C., Chang, C. W., & **Tsai, Y. F.*** (2023). Changes in family functioning among primary family caregivers of patients with schizophrenia. *Journal of Nursing Scholarship*, 55(5), 1429-1438. <https://doi.org/10.1111/jnu.12887>. (SCI) (Corresponding author)
8. Chang, Y. L., Hsieh, M. J., Chang, Y. C., Yeh, S. L., Chen, S. W., & **Tsai, Y. F.*** (2023). Self-efficacy of caring for patients in the intensive care unit (ICU) with delirium: Development and validation of a scale for ICU nurses. *Australian Critical Care*, 36(4), 449-454. <https://doi.org/10.1016/j.aucc.2022.0> (SCI) (Corresponding author)
9. Gao, M., Wong, N. M. L., Lin, C., Huang, C. M., Liu, H. L., Toh, C. H., Wu, C., **Tsai, Y. F.**, Lee, S. H., & Lee, T. M. C. (2023). Multimodal brain connectome-based prediction of suicide risk in people with late-life depression. *Nature Mental Health*, 1, 100–113. <http://sci-hub.tw/10.1038/s44220-022-00007-7>
10. Suandika, M., Chen, S. Y., Fang, J. T., Yang, S. H., **Tsai, Y. F.**, Weng, L. C., Tsay, P. K., & Tang, W. R. (2023). Effect of Acupressure on Fatigue in Hemodialysis Patients: A Single-Blinded Randomized Controlled Trial. *Journal of Integrative and Complementary Medicine*, 29(2), 111-118. <https://doi.org/10.1089/jicm.2022.0644>

11. Jen, W. H., Hung, T. H., Chen, C. Y., & **Tsai, Y. F.*** (2022). Validity and reliability of the Chinese Version of the Edinburgh Postnatal Depression Scale for fathers of newborns. *American Journal of Men's Health*, 16(6), 15579883221138191. <https://doi.org/10.1177/15579883221138191>. (SSCI) (Corresponding author)
12. Shao, R., Gao, M., Lin, C., Huang, C. M., Liu, H. L., Toh, C. H., Wu, C., **Tsai, Y. F.**, Qi, D., Lee, S. H., & Lee, T. M. C. (2022). Multimodal neural evidence on the corticostriatal underpinning of suicidality in late-life depression. *Biological Psychiatry. Cognitive Neuroscience and Neuroimaging*, 7(9), 905–915. <https://doi.org/10.1016/j.bpsc.2021.11.011>.
13. Chang, Y. L., Hsieh, M. J., Feng, T. H., Shang, S. Y., & **Tsai, Y. F.*** (2022). Effectiveness of multiple scenario simulations of acute and critical care for undergraduate nursing students: A quasi-experimental design. *Nurse Education Today*, 118, 105526. <https://doi.org/10.1016/j.nedt.2022.105526> (SCI) (Corresponding author)
14. Hsiao, C. Y., Lu, H. L., & **Tsai, Y. F.*** (2022). Psychiatric morbidity and its correlates among primary family caregivers of individuals diagnosed with schizophrenia in Taiwan. *Journal of Mental Health*, 31(4), 487-495. <https://doi.org/10.1080/09638237.2020.1818703>. (SSCI) (Corresponding author)
15. Chen, C. Y., Lin, C. C., Kao, J. T., Yeh, W. L., Lin, C. Y., & **Tsai, Y. F.*** (2022). Predicting hazardous alcohol drinking behaviors in family members of hazardous alcohol-drinker patients. *International Journal of Environmental Research and Public Health*, 19, 5497. <https://doi.org/10.3390/ijerph19095497>. (SCI) (Corresponding author)
16. Hsiao, C. Y., Lu, H. L., Hsieh, M. H., & **Tsai, Y. F.*** (2022). Effectiveness of a brief family strengths-oriented therapeutic conversation intervention for patients with schizophrenia and their caregivers. *Journal of Nursing Scholarship*, 54, 213-225. <https://doi.org/10.1111/jnu.12741>. (SCI)
17. Siu, H. C., Lee, S. H., Au, J. S., Lo, A. P., Huang, C. M., **Tsai, Y. F.**, Lee, T. M., Liu, H. L., Lin, C., & Chiu, C. D. (2022). Loneliness and Major Depressive Disorder in the Elderly with a History of Suicidal Ideation or Attempt: A Comment on "Therapist-Guided Internet-Based Treatments for Loneliness" by Käll et al. *Psychotherapy & Psychosomatics*, 91(2), 142-144. <https://doi.org/10.1159/000520420>. (SCI)
18. Shao, R., Gao, M., Lin, C., Huang, C. M., Liu, H. L., Toh, C. H., Wu, C., **Tsai, Y. F.**, Qi, D., Lee, S. H., & Lee, T. M. C. (2021). Multimodal neural evidence on the corticostriatal underpinning of suicidality in Late-Life Depression. *Biological Psychiatry. Cognitive Neuroscience Neuroimaging*, S2451-9022(21)00324-4. doi: 10.1016/j.bpsc.2021.11.011. (SCI)
19. Lin, C., Huang, C. M., Karim, H. T., Liu, H. L., Lee, T. M. C., Wu, C. W., Toh, C. H., **Tsai, Y. F.**, Yen, T. H., & Lee, S. H. (2021). Greater white matter hyperintensities and the association with executive function in suicide attempters with late-life depression. *Neurobiology of Aging*, 103, 60-67. <https://doi.org/10.1016/j.neurobiolaging.2020.12.016>. (SCI)
20. Chen, D. W., **Tsai, Y. F.***, Chung, S. C., Hsu, K. Y., Yeh, W. L., & Chen, C. Y. (2021). Development and validation of a Caregiving Needs Inventory for family members before their older relative's knee joint-replacement surgery. *Disability and Rehabilitation*, 43(6), 853-860. <https://doi.org/10.1080/09638288.2019.1643414>. (SCI) (Corresponding author)
21. Hsiao, C. Y., Lu, H. L., & **Tsai, Y. F.*** (2021). Association between mutuality and health-related

- quality of life in patient-caregiver dyads living with schizophrenia. *International Journal of Environmental Research and Public Health*, 18(5), 2438. <https://doi.org/10.3390/ijerph18052438> (SCI) (Corresponding author)
22. Chen, H. F., **Tsai, Y. F.**,* Fan, J. Y., Chen, M. C., Shih, M. S., & Hua, M. S. (2021). Evaluation of a self-management intervention for adults with Epilepsy in Taiwan: A longitudinal randomized controlled trial. *Epilepsy & Behavior*, 117, 107845. <https://doi.org/10.1016/j.yebeh.2021.107845> (SCI) (Corresponding author)
23. Tsou, C. T., Chen, K. L., & **Tsai, Y. F.*** (2021). Factors influencing acceptance or decline of a hospital-sponsored scholarship by nursing students in Taiwan: A qualitative descriptive study. *BMC Nursing*, 20, 28. <https://doi.org/10.1186/s12912-021-00547-w> (SCI) (Corresponding author)
24. Kao, M. H., & **Tsai, Y. F.*** (2020). Clinical effectiveness of a self-regulation theory-based self-management intervention for adults with knee osteoarthritis: A long-term follow up. *Journal of Nursing Scholarship*, 52(6), 643-651. <https://doi.org/10.1111/jnu.12608> (SCI) (Corresponding author)
25. Hsiao, C. Y., Lu, H. L., & **Tsai, Y. F.*** (2020). Caregiver burden and health-related quality of life among primary family caregivers of individuals with schizophrenia: A cross-sectional study. *Quality of Life Research*, 29(10), 2745-2757. <https://doi.org/10.1007/s11136-020-02518-1>. (SCI) (Corresponding author)
26. Tsai, M. R., Tsai, H. H., **Tsai, Y. F.**, & Liao, F. Y. (2020). “Tailoring homely meals”: Family members’ motivations underlying nursing home visits during residents’ meals. *Japan Journal of Nursing Science*, 17(4), e12341. <https://doi.org/10.1111/jjns.12341>. (SCI)
27. Hsiao, C. Y., Lu, H. L., & **Tsai, Y. F.*** (2020). Factors associated with family functioning among people with a diagnosis of schizophrenia and primary family caregivers. *Journal of Psychiatric and Mental Health Nursing*, 27(5), 572-583. <https://doi.org/10.1111/jpm.12608>. (SCI) (Corresponding author)
28. Yeh, W. L., **Tsai, Y. F.**,* Hsu, K. Y., Chen, D. W., Wang, J. S., & Chen, C. Y. (2020). Weight control in older adults with knee osteoarthritis: A qualitative study. *BMC Musculoskeletal Disorders*, 21(1), 504. <https://doi.org/10.1186/s12891-020-03480-2> (SCI) (Corresponding author)
29. Lu, S. K., **Tsai, Y. F.**,* Chen, Y. C., & Lin, P. J. (2020). Nurse and patient dispute litigation in independent nursing practice. *The Journal of Nursing*, 67(3), 56-63. [https://doi.org/10.6224/JN.202006_67\(3\).08](https://doi.org/10.6224/JN.202006_67(3).08). (Corresponding author) (in Chinese)
30. Asmaningrum, N., Kurniawati, D., & **Tsai, Y. F.*** (2020). Threats to patient dignity in clinical care settings: A qualitative comparison of Indonesian nurses and patients. *Journal of Clinical Nursing*, 29(5-6), 899-908. <https://doi.org/10.1111/jocn.15144>. (SCI) (Corresponding author)
31. Yu, Y. C., Fang, J. T., & **Tsai, Y. F.*** (2020). Exploring demands of hemodialysis patients in Taiwan: A two-step cluster analysis. *Plos ONE*, 15(2): e0228259. <https://doi.org/10.1371/journal.pone.0228259> (SCI) (Corresponding author)
32. Chang, Y. L., **Tsai, Y. F.**,* Hsu, C. L., Chao, Y. K., Hsu, C. C., & Lin, K. C. (2020). The effectiveness of a nurse-led exercise and health education informatics program on exercise capacity and quality of life among cancer survivors after esophagectomy: A randomized

- controlled trial. *International Journal of Nursing Studies*, 101, 103418.
<https://doi.org/10.1016/j.ijnurstu.2019.103418>. (SCI) (Corresponding author)
33. Lin, Y. P., & **Tsai, Y. F.*** (2019). Development and validation of a dignity in care scale for nurses. *Nursing Ethics*, 26(7-8), 2467-2481. <https://doi.org/10.1177/0969733018819120>. (SCI) (Corresponding author)
34. Hsiao, C. Y., Lu, H. L., & **Tsai, Y. F.*** (2019). Factors associated with primary family caregivers' perceptions on quality of family-centered care in mental health practice. *Journal of Nursing Scholarship*, 51(6), 680-688. <https://doi.org/10.1111/jnu.12526>. (SCI) (Corresponding author)
35. Tsai, S. M., Kao, J. T., & **Tsai, Y. F.*** (2019). Illness trajectory of initial infection for patients with hepatitis C: A Qualitative Study. *Nursing and Health Sciences*, 21(1), 112-118. <https://doi.org/10.1111/nhs.12568>. (SCI) (Corresponding author)
36. Hsu, K. Y., **Tsai, Y. F.,*** Yeh, W. L., Chen, D. W., Chen, C. Y., & Wang, Y. W. (2018). Triggers and decision-making patterns for receiving total knee arthroplasty among older adults with knee osteoarthritis: A qualitative descriptive study. *Journal of Clinical Nursing*, 27, 4373-4380. <https://doi.org/10.1111/jocn.14557>. (SCI) (Corresponding author)
37. Asmaningrum, N., & **Tsai, Y. F.*** (2018). Nurse perspectives of maintaining patient dignity in Indonesian clinical care settings: A multicenter qualitative study. *Journal of Nursing Scholarship*, 50(5), 482-491. <https://doi.org/10.1111/jnu.12410>. (SCI) (Corresponding author)
38. Hsu, K. Y., **Tsai, Y. F.,*** Huang, C. C., Yeh, W. L., Chang, K. P., Lin, C. C., Chen, C. Y., & Lee, H. L. (2018). Tobacco-smoking, alcohol-drinking, and betel-quid-chewing behaviors: Development and use of a web-based survey system. *JMIR mHealth and uHealth*, 6(6), e142. <https://doi.org/10.2196/mhealth.9783>. (SCI) (Corresponding author)
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40. Hsiao, C. Y., Lu, H. L., & **Tsai, Y. F.*** (2018). Effects of family sense of coherence on internalized stigma and health-related quality of life among individuals with schizophrenia. *International Journal of Mental Health Nursing*, 27, 138-146. <https://doi.org/10.1111/inm.12302> (SSCI) (Corresponding author)
41. Tsai, H. H., & **Tsai, Y. F.*** (2018). Development, validation and testing of a nursing home to emergency room transfer (NHERT) checklist. *Journal of Clinical Nursing*, 27, 115-122. <https://doi.org/10.1111/jocn.13853> (SCI) (Corresponding author)
42. Cheng, L. H., **Tsai, Y. F.,*** Wang, C. H., & Tsay, P. K. (2018). Validation of two Chinese-version pain observation tools in conscious and unconscious critically ill patients. *Intensive & Critical Care Nursing*, 44, 115-122. <https://doi.org/10.1016/j.iccn.2017.08.004>. (SCI) (Corresponding author)
43. Hsiao, C. Y., Lee, C. T., Lu, H. L., & **Tsai, Y. F.*** (2017). Living with schizophrenia: Health-related quality of life among primary family caregivers. *Journal of Clinical Nursing*, 26(23-24), 5151-5159. <https://doi.org/10.1111/jocn.14063>. (SCI) (Corresponding author)
44. Chen, T. F., **Tsai, Y. F.,*** Chen, Y. C., & Yeh, S. H. (2017). Exploring the relationships among managers' affiliations and leadership styles, and role functions of nurse practitioners.

Journal of Taiwan Nurse Practitioners, 4(1), 26-35. (Corresponding author) (in Chinese)

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<https://doi.org/10.1080/09638288.2016.1226407> (Corresponding author)
46. Li, C. C., Chang, T. C., Tsai, Y. F., & Chen, L. (2017). Quality of life among survivors of early-stage cervical cancer in Taiwan: An exploration of treatment modality differences. *Quality of Life Research*, 26(10), 2773-2782. <https://doi.org/10.1007/s11136-017-1619-0> (SCI)
47. Lee, S. H., **Tsai, Y. F.**,* Wang, Y. W., Chen, Y. J., & Tsai, H. H. (2017). Development and psychometric testing of the triggers of suicidal ideation inventory for assessing older outpatients in primary care settings. *International Journal of Geriatric Psychiatry*, 32(10), 1114-1121.
<https://doi.org/10.1002/gps.4574> (SCI) (Corresponding author)
48. Li, C. C., Tsai, Y. F., Chang, T. C., & Chen, L. (2017). Associations among menopausal symptoms, sleep and fatigue in Taiwanese women with endometrial cancer. *European Journal of Cancer Care*, 26(5). <https://doi.org/10.1111/ecc.12559> (SCI)
49. Chang, Y. L., & **Tsai, Y. F.*** (2017). Early illness experiences related to unexpected heart surgery: A qualitative descriptive study. *Australian Critical Care*, 30, 279-285.
<https://doi.org/10.1016/j.aucc.2016.11.005> (SCI) (Corresponding author)
50. Kao, M. W., & **Tsai, Y. F.*** (2017). Development and psychometric testing of a scale for evaluating self-management needs of knee osteoarthritis (SMNKO) in Taiwan. *Clinical Nursing Research*, 26(3), 354-372. (SCI) <https://doi.org/10.1177/1054773816630250> (Corresponding author)
51. Lin, C. C., **Tsai, Y. F.**,* Yeh, W. L., Kao, J. T., & Chen, C. Y. (2017). Perceptions of problem-drinker patients' family members about their own hazardous-drinking behaviours in Chinese general hospitals: A qualitative study. *BMC Psychiatry*, 17(1), 189.
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