



# 余幸宜

## 副教授

### 研究領域

社區護理、社區群體照護、健康相關生活品質、性別與護理、高齡照護

### 教學

社區衛生護理學及實習、健康老化及長期照護護理學、老人護理、老人社會學、公共衛生、護理專業問題研討、人類發展學實驗

### 研究計畫

- Building your successful nursing career: evaluating the effectiveness of a career planning mobile application for male nurses - a randomized double-blind controlled trial (PI, MOST 2024-2025)
- Application of Virtual Human into the Gerontological Nursing Curriculum for Innovative Learning Pathways. (CO-PI, Ministry of Education 2024-2025)
- Build your successful nursing career: developing and evaluating a smartphone App to support the career planning of male nurses: Continued project (PI, MOST 2023-2024)
- Validation of Two Taiwanese Versions of Delayed Grief Scales. (CO-PI, CMRP 2023-2024)
- Development and Evaluation of Online Interactive Podcast Program “Living with Type 1 Diabetes to Grown-Up”: A Mixed-Methods Study.(CO-PI, MOST 2023- 2024)
- Build your successful nursing career: developing and evaluating a smartphone App to support the career planning of newly graduated male nurses - A mixed-methods study (PI, MOST 2022-2023)
- Assessment of learning achievement in pediatric nursing practice from virtual reality simulation-based education using electroencephalography

### 學歷

PhD 陽明大學護理學系暨研究所(2012)

MS 陽明大學社區護理所(2003)

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among nursing students: a feasibility study using mirror-neuron system (CO-PI, MOST 2023-2024)

- “I am not alone”: development and effectiveness evaluation of an online social network intervention for newly graduated male nurses (Continued Project) (PI, MOST 2020-2021)
- “I am not alone”: development and effectiveness evaluation of an online social network intervention for newly graduated male nurses (PI, MOST 2019-2020)
- An exploratory study of the health care needs and related factors of type 1 diabetes during the transition phase on patients age between 16 and 25 ( CO-PI, CMRP 2020-2021)
- Study on development and evaluation of mobile APP "Health Care CEO" for patients with type 1 diabetes aged 16-25 (CO-PI, MOST 2019-2020)
- The life experiences and health care needs of type 1 diabetes during the transition phase on patients aged between 16 and 25 (CO-PI, MOST 2017-2018)
- The Influence of parenting style on metabolic control and quality of life in school-age children with newly diagnosed type 1 diabetes ---a longitudinal study (CO-PI, MOST 2015-2017)
- Health related quality of life of intermittent exotropia children: psychometric characteristics of the Chinese version and a longitudinal analysis (PI, MOST 2014-2017)
- The Influence of parenting style on metabolic control, adherence, and quality of life in school-age children with type 1 diabetes (CO-PI, MOST 2014-2015)
- Professional competence, case-management model development and outcome evaluation for caring children with leukemia among elementary school nurses (CO-PI, MOST 2014-2015)
- Intention consideration and decision analysis of returning to hospital nursing job: inactive nurses and nursing manager's perception (CO-PI, TWNA, 2010-2011)
- Knowledge, attitude, and rejecting use behavior of trans-fatty acid among children and effects of health educational programs on improving behavior (CO-PI, MOST 2010-2011)

## 論文發表

1. Chiang, Y. T., **Yu, H. Y.**, Tsay, P. K., Chen, C. W., Chang, C. W., Hsu, C. L., Lo, F. S., & Moons, P. (2024). Effectiveness of user-centered 'Healthcare CEO' app for type 1 diabetes patients transitioning from adolescence to early adulthood: A randomized control trial study protocol. *JMIR Research Protocols*. Advance online publication.  
<https://doi.org/10.2196/59871>
2. 余幸宜、吳佳儀、黃淳霞、張麗春\* (2024) · 校園心理健康照護之現況與展望：學校衛生護理人員觀點 · *學校衛生護理期刊* , 31 , 1-12.
3. **Yu, H. Y.**, Huang, C. H., Shen, Y. C., Lin, H. L., Chang, L. C\*. (2024). Factors associated with continuing education needs in medication administration among school nurses. *Journal of Advanced Nursing*, 80, 1882-1890. DOI: 10.1111/jan.15967(Nursing, IF= 3.8, SCI 11/126 = 8.7%, Q1) 第一作者
4. Chin, Y. F., Wang, W.L., **Yu, H. Y.**, (2024). Risk factors related to postoperative dizziness among patients who underwent general anesthesia and intraoperative analgesics: a prospective cohort study. *Journal of PeriAnesthesia Nursing*, Advance online publication. (Nursing, IF= 1.7, SCI 77/123 = 62.6%, Q3) 第三作者
5. 余幸宜、曾逸軒\*、沈永釗、楊政議、李麗紅 (2023) · 台灣男性護理學生角色壓力與護理專業承諾之相關性研究 · *學校衛生護理期刊* , 30 , 22-37。
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7. Chiang, Y. T., Chang, C. W., **Yu, H. Y.**, Tsay, P. K., Lo, F. S., Chen, C. W., Lin, W. Y., Hsu, C. L., An, C., & Moons, P. (2023). Developing the "Healthcare CEO App" for patients with type 1 diabetes transitioning from adolescence to young adulthood: A mixed-methods study. *Nursing Open*, 10, 1755-1766. <https://doi.org/10.1002/nop2.1432> (Nursing, SCI, IF= 2.3, Q2, 42/123=34.1%)第二作者
8. **Yu, H.Y\***., Huang, C., Chin, Y., Shen, Y., Chiang, Y., Chang, C., & Lou, J. (2021). The Mediating Effects of Nursing Professional Commitment on the Relationship between Social Support, Resilience, and Intention to Stay among Newly Graduated Male Nurses: A Cross-Sectional Questionnaire Survey. *International journal of environmental research and public health*, 18(14), 7546. <https://doi.org/10.3390/ijerph18147546> 第一作者
9. **Yu, H. Y\***., Chang, C. W., Yang, M. L., Shen, Y. C., Chiang, Y. T.\*, Chien, C. H. (2021). Quality of Life and measures in Children with intermittent exotropia: A systematic review and

meta-analysis. The Journal of Taiwan Association for Medical Informatics. 30(2), 41-58. 第一作者

10. Chiang, Y., Tsay, P., Chen, C., Hsu, C., **Yu, H.Y.**, Chang, C., Lo, F., & Moons, P. (2021). A Delphi Study on the Healthcare Needs of Patients with Type 1 Diabetes during the Transition from Adolescence to Adulthood: Consensus among Patients, Primary Caregivers, and Healthcare Providers. *International journal of environmental research and public health*, 18(13), 7149. <https://doi.org/10.3390/ijerph18137149> 第五作者
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12. 鄭嵒丹、吳宜臻、李亭葶、林瑞萍、余幸宜\* (2020) · 治療性遊戲合併下肢運動訓練一位右肱骨骨折之學齡前兒童的護理經驗 · *台灣健康照顧研究學刊*，22(2)，107-123。通訊作者
13. Chiang, Y.T., **Yu, H.Y.**, Lo, F.S., Chen, C.W., Huang,T.T., Chang, C.W., & Moons, P.(2020). Emergence of a butterfly: The life experiences of type 1 diabetes Taiwanese patients during the 16-25 years old transition period. *International Journal of Qualitative Studies on Health & Well-being*, 15(1) :1748362 DOI: 10.1080/17482631.2020.1748362 【Category: Nursing; 2018; SSCI 48/118, Impact factor: 1.424】 第二作者
14. 黃廷宇、吳貞葶、涂悅馨、郭亭伶、余幸宜\* (2019) · 恐龍的旅行：運用治療性遊戲協助一位學齡前期支氣管肺炎病童降低背部叩擊之恐懼 · *台灣健康照顧研究學刊*，20，36-50。 通訊作者
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16. 姜月桃、張綺紋、鄭巧晨、邱雅儀、林淑芳、余幸宜\*(2018) · 運用心智圖教學法於兒科護理臨床實習教學 · *源遠護理雜誌*，12(2)，50-57。通訊作者
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equation model. *Journal of Clinical Nursing*, 20, 1696-1704. 【Category: Nursing; 2011; SSCI:30/97, SCI: 34/99; Impact factor: 1.118】 通訊作者。

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40. 駱俊宏、吳娟娟、黃貞裕、余幸宜(2006) · 愛情態度對心理健康的影響 · 敏惠學報，3，41-56。第四作者。

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42. 余幸宜、于漱、李蘭（2004）・老年人之健康促進・*台灣醫學* , 8(4) , 582-588。第一或通訊作者。
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