

## 腫瘤身心照顧研究室 (Biopscho-oncology Care Lab)

主持人：陳美伶教授

### 研究重點：

本研究室的研究重點在腫瘤病人及其家屬之身心問題與照顧。有興趣的主題包括各種癌症相關症狀如疼痛、憂鬱、疲憊、睡眠障礙等，以及症狀群集與症狀長期變化歷程的研究。同時，癌症病人其家屬照顧者的壓力與健康也是我們研究的主軸之一。另外，本研究也致力於發展電子化的病人自述成果測量。

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國際合作教授：Christine Miaskowski

### 相關研究計畫案：

期間	計劃名稱	補助單位
2022/8/1-執行中	運用生態瞬時評估(EMA)方法探討乳癌存活性癌因性疲憊與身體活動的時間關係 Applying the ecological momentary assessment (EMA) method to examine the temporal relationship between cancer-related fatigue and physical activity in breast cancer survivors.	科技部
2018/8/1-2021/1/31	常規性使用病人自述結果測量於癌症臨床實務：電子測量系統的發展及其常規使用的成效評估 Routine use of patient-reported outcome measures (PROMs)	科技部

	in oncology practice: Developing an electronic PROMs system and evaluating the effects of its routine use.	
2016/8/1-2020/1/31	晚期非小細胞肺癌病人症狀軌跡型態之探討:從不吸菸者與曾吸菸者之比較 Patterns of symptom trajectory in patients with late stage NSCLC: A comparison between never smokers and ever smokers	科技部
2015/11/1-2016/10/31	整合型質子放射治療之效益:病人自述成果與成本效益分析之核心計畫:病人自述成果電子測量系統之發展與測試 Impact of proton radiotherapy: Analysis of patient-reported outcomes and cost-effectiveness: Development and testing of the electronic measurement system of patient-reported outcomes	長庚醫院
2015/11/1-2016/10/31	整合型質子放射治療之效益:病人自述成果與成本效益分析之子計畫一:接受質子放射治療或射頻燒灼治療之肝癌病人其生活品質與症狀經驗之比較:隨機控制試驗 Impact of proton radiotherapy: Analysis of patient-reported outcomes and cost-effectiveness: Comparison of quality of life and symptom experiences in HCC patients receiving proton beam therapy or radiofrequency ablation: A randomized control trial	長庚醫院
2014/8/1-2018/1/31	應用電腦輔助測量系統探討接受放射治療之肝癌病人其生活品質與症狀之變化 Applying a computer-assisted measurement system to investigate change patterns of quality of life and symptoms in HCC patients receiving radiotherapy	科技部
2012/10/1-2014/12/31	癌末病患的疼痛處理品質:安寧與非安寧照顧之比較 Quality of cancer pain management in terminal cancer patients: Comparison between hospice and non-hospice care	長庚醫院
2012/8/1-2015/10/31	乳癌婦女之熱潮紅、睡眠干擾、及對荷爾蒙治療之遵從性 Hot flash, sleep disturbance and adherence to hormonal therapy in breast cancer women	國科會
2010/8/1-2013/11/30	運用「高敏感認知篩檢」評估乳癌婦女的認知功能:可行性與心理計量研究 Assessing cognitive function of breast cancer women using the High Sensitivity Cognitive Screen (HSCS): A feasibility and psychometric study	國科會
2009/9/1-2010/8/31	台灣癌症患者及醫護人員對另類與補充療法的觀點及使用情況之調查 Use of and attitude towards complementary and alternative medicine by cancer patients and oncology health care professionals in Taiwan	長庚醫院
2008/8/1-2011/7/31	居家運動計畫對乳癌婦女睡眠困擾及相關症狀之成效 The effect of home-based exercise on sleep problem and related symptoms in women with breast cancer	國科會
2007/8/1-2008/7/31	接受乳癌治療婦女之手臂不適症狀及淋巴水腫:發生率、危險因子、及不良影響 Arm morbidity and lymphedema in women treated for breast cancer: Incidence, risk factor and impact.	國科會
2006/9/1-2008/8/31	慢性阻塞性肺疾病病人自我管理行為與量表發展 Self-management in COPD Patients: Instrument development	長庚醫院
2005/8/1-2008/10/31	肺癌病人的失眠問題:盛行率,特性,及對存活時間之衝擊 Insomnia in lung cancer patients: Prevalence, characteristics,	國科會

	and impact on survival time	
2005/2/1-2007/4/30	乳癌手術後症狀之盛行率、發生時間、衝擊與危險因子之探討--跨國合作研究 Prevalence, time course, impact and risk factors of symptoms after breast cancer surgery--an international collaboration study	國科會
2003/8/1-2005/10/31	發展並評值一減輕癌症病人憂鬱之措施:前瞻性隨機化臨床試驗 (第二階段) Development and evaluation of a depression-reducing intervention for cancer patients: A prospective randomized clinical trial	國科會
2002/8/1-2003/12/31	發展並評值一減輕癌症病人憂鬱之措施:前瞻性隨機化臨床試驗(第一階段) Development and evaluation of a depression-reducing intervention for cancer patients: A prospective randomized clinical trial	國科會
2001/4/1-2003/12/31	癌症家屬照顧者之照顧經驗及其對身心健康之影響 The caregiving experience and its effects on health among family caregivers of cancer patients: A longitudinal study	長庚醫院
2000/8/1-2001/7/31	癌症疼痛與憂鬱焦慮之關係:統合分析研究 The relationship between cancer pain and anxiety/depression: A meta-analysis study	國科會
1999/9/1-2000/12/31	癌患照顧者需求 Q-sort 量表之發展與測試。 The development and testing of 「cancer caregiver's need Q-sort scale」	長庚醫院
1999/8/1-2003/4/30	憂鬱對癌症病人長期健康結果之影響 The impact of depression on health outcomes among cancer patients: A prospective study	國科會

相關研究著作：

1. Shen, W. C., Hou, M. M., Huang, T. L., Wang, C. H., Huang, Y. M., Chen, J. S., & **Chen, M. L.\*** (2022). Transdermal buprenorphine improves overall quality of life and symptom severity in cancer patients with pain. *J Clin Nurs*. doi:10.1111/jocn.16303. (publish online)
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3. Yang, C.-C., **Chen, M.-L.**, Liou, Y.-F., Li, C.-R., Chen, P.-Y., Chiang, H.-H., Chen, Y.-J. (2022). Effects of music on anxiety and physiological responses in patients before gastroscopy. *Journal of Medical Sciences*. 42(1), 8-14. doi:10.4103/jmedsci.jmedsci\_190\_20.
4. Yang, C.C., Liu, C.Y., Wang, K.Y., Chang, Y.K., Wen, F.H., Lee, Y.C., **Chen, M.L.\*** (2021). Trajectory of smoking behavior during the first six months after diagnosis of lung cancer: A study from Taiwan. *Journal of Advanced Nursing*, 77(5), 2363-2373. doi:10.1111/jan.14745
5. Lee, J.-T., Kuo, H.-Y., Huang, K.-G., Lin, J.-R., & **Chen, M.-L.\*** (2020). Diversity of sexual activity and correlates among women with gynecological cancer. *Gynecologic Oncology* 159(2), 503-508. doi.org/10.1016/j.ygyno.2020.08.005.

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8. Huang, H.P., Wen, F.H., Yang, T.Y., Lin, Y.C., Tsai, J.C., Shun, S.C., Jane, S.H., **Chen, M.L.\*** (2019). The effect of a 12-week home-based walking program on reducing fatigue in women with breast cancer undergoing chemotherapy: A randomized controlled study. *International Journal of Nursing Studies*, 99:103376. doi:10.1016/j.ijnurstu.2019.06.007
9. Yang, C.C., Liu, C.Y., Wang, K.Y., Wen, F.H., Lee, Y.C., & **Chen, M.L.\*** (2019). Smoking status among newly diagnosed lung cancer patients in Taiwan. *The Journal of Nursing Research*, 27(4):e32. doi:10.1097/jnr.0000000000000293
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12. Chen, P. Y., Liu, Y. M., **Chen, M. L.\*** (2017). The effect of hypnosis on anxiety in patients with cancer: A meta-analysis. *Worldviews on Evidence-Based Nursing*, 14(3), 223-236.
13. Liu, Y. M., Jaing, T. H., Chen, Y. C., Tang, S. T., Li, C. Y., Wen, Y. C., . . . **Chen, M. L.\*** (2016). Quality of Life After Hematopoietic Stem Cell Transplantation in Pediatric Survivors: Comparison With Healthy Controls and Risk Factors. *Cancer Nurs*, 39(6), 502-509. doi:10.1097/NCC.0000000000000339
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  22. 劉莉妮、**陳美伶\***(2013)·乳癌婦女治療後體重與體脂肪之變化·*台灣癌症醫學雜誌*, 29(3), 113-121。
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  35. 楊千慧、**陳美伶\***(2008)·癌症病患之症狀群集·*護理雜誌*, 55(2), 22-28。
  36. 歐淑玲、李絳桃、**陳美伶**、曾旭民 (2008)·產婦性健康自我效能量表之發展·*實證護理*, 4(2), 138-148。
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  45. 唐秀治、**陳美伶**、鍾國彪、賴美淑、鄭守夏、邱秀渝、邱昭華、孔憲蘭、蕭淑純 (2005)·臺灣癌症中心病人面向的照護品質探討·*中華癌症醫學會雜誌*, 21 (4), 7-21。
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  50. 呂佩佩、**陳美伶**、鍾昌宏、唐婉如 (2004)·癌症病患及家屬對不予急救的認知與態度·*腫瘤護理雜誌*, 4 (1), 15-22。
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