



YUN-JEN CHOU

ASSISTANT PROFESSOR

EDUCATION

PhD School of Nursing, National Taiwan University (2020)

MS Institute of Gerontology, National Cheng Kung University (2011)

BS Department of Nursing, Tzu Chi University(2007)

CONTACT INFORMATION

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RESEARCH DIRECTIONS

Oncology Nursing, Symptom management, Colorectal cancer, Psycho-social Oncology, Cancer Prehabilitation, Biobehavioral Research, Gerontology

TEACHING SUBJECTS

Medical-Surgical Nursing, Medical-Surgical Nursing Practice, Physical Assessment and Practice, Nursing Research

GRANT

- Developing and Testing the Effect of Core Muscle Exercise and Mindful Breathing Exercise in Improving Low Anterior Resection Syndrome, Psychological Distress, and Quality of Life in Patients with Newly Diagnosed Rectal Cancer (NSTC 112-2314-B-182 - 010, 2023-2024)
- Applying the Multimodal Cancer Prehabilitation Programs in improving Low Anterior Resection Syndrome, Psychological Distress, and Fecal Incontinence-related Quality of Life in Patients with Newly Diagnosed Rectal Cancer (NSTC 111-2314-B-182 -006, NMRPD1M0041, 2022-2023)

PUBLICATIONS

1. **Chou, Y. J.**, Wang, Y. C., Lin, B. R., & Shun, S. C. (2023). Resilience process in individuals with colorectal cancer: a qualitative study. *Quality of Life Research*, 32(3), 681-690. <https://doi.org/10.1007/s11136-022-03242-8>
2. Yang H.Y., **Chou Y.J.**, Shun S.C. (2022) The Effect of Walking Intervention on Cognitive Function Among Patients with Non-Central Nervous System Cancer: A Systematic Review. *Cancer Nursing*. Online ahead of print. <https://doi.org/10.1097/NCC.0000000000001106>
3. **Chou, Y. J.**, Kober, K. M., Yeh, K. H., Cooper, B. A., Kuo, C. H., Lin, B. R., Kuo, T. C., Tseng, Y. J., Miaskowski, C., & Shun, S. C. (2022). A pilot study of metabolomic pathways associated with fatigue in patients with colorectal cancer receiving chemotherapy. *European Journal of Oncology Nursing*, 56, 102096. <https://doi.org/10.1016/j.ejon.2022.102096>
4. **Chou, Y. J.**, Lin, H. Y., Cooper A. B., Lin, B. R., Jiang, J. K., Yanf, H. Y., Miaskowski, C., Shun, S. C. (2022). A Resilience Model for Patients with Colorectal Cancer: A Structural Equation Modeling Analysis. *Cancer Nursing*, 45(1): E83-E90. doi:10.1097/NCC.0000000000000882.
5. Li, C. C., **Chou, Y. J.**, Shun, S. C. (2021). The Relationship Between Muscle Strength and Body Composition Measures and Cancer-Related Fatigue: A Systematic Review and Meta-Analysis. *Oncology Nursing Forum*, 48(5): 558-576. doi: 10.1188/21.ONF.558-576. PMID: 34411084
6. Kuo, H. J., Chang, N. T., Tien, Y. W., **Chou, Y. J.**, Shun, S. C. (2021). Determinants of Quality of Life in People Living with a Dual Diagnosis of Resectable Pancreatic Cancer and Diabetes Mellitus. *Oncology Nursing Forum*, 48(4): 390-402. doi: 10.1188/21.ONF.390-402.
7. **Chou, Y. J.**, Kober, K. M., Kuo, C. H., Yeh, K. H., Kuo, T. C., Tseng, Y. J., Miaskowski, C., Liang, J. T., Shun, S. C. (2021). A Pilot Study of Metabolomic Pathways Associated With Fatigue in Survivors of Colorectal Cancer. *Biological Research for Nursing*, 23(1), 42-49. doi:10.1177/1099800420942586.
8. Kuo, H. J., Tien, Y. W., Chang, N. T., **Chou, Y. J.**, Shun, S. C. (2019). Comparison of Fatigue and Quality of Life in Individuals with Pancreatogenic Diabetes After Total or Partial Pancreatectomy. *Oncology Nursing Forum*, 46(5), E159-E170. doi: 10.1188/19.ONF.E159-E170.
9. **Chou, Y.J.**, Kuo, H. J., Shun, S. C. (2018). Cancer Prehabilitation Programs and Their Effects on Quality of Life. *Oncology Nursing Forum*, 45(6), 726-736. doi: 10.1188/18.ONF.726-736.
10. Shun, S.C., **Chou, Y.J.**, Chen, C.H., Yang, J.C. (2018) Change of Uncertainty in Illness and Unmet Care Needs in Patients with Recurrent Hepatocellular Carcinoma During Active Treatment. *Cancer Nursing*, 41(4), 279-289. doi: 10.1097/NCC.0000000000000487.

11. Shun, S.C., Lai, Y.H., Hung, H, Chen, C.H.; Liang, J.-D. **Chou, Y.J.** (2017). The Role of Age in Change of Unmet Supportive Care Needs in Patients with Hepatocellular Carcinoma during Transition from Hospital to Home. *Cancer Nursing*, 40(3), 245-254. doi:10.1097/NCC.0000000000000403.

12. **Chou, Y. J.**, Lai, Y. H., Lin, B.R., Liang, J.T., & Shun, S. C. (2017). Factors influencing amount of weekly exercise time in colorectal cancer survivors. *Cancer Nursing*, 40(3), 201-208. doi: 10.1097/NCC.0000000000000383.